

10 Questions to Ask Your Dentist on Your First Visit Keyword: Asheville dentist

1. *What is your recommended daily care routine?*
Your Asheville dentist should have a recommendation ready. ADA recommendations change periodically so it is always good to ask.
2. *Do you have toothpaste, mouthwash and other product recommendations?*
Dentists try out lots of different products and often have the opportunity to try them before they hit the market. Your Asheville dentist should be able to recommend the best products for you as a result.
3. *Do I really have to have an x-ray? What are the dangers and benefits?*
It used to be that you had to get an x-ray every dental visit. Nowadays, radiation from x-rays has become a concern for many patients. It is a good idea to ask when your last x-ray was and if you really need one this visit. Your Asheville dentist will be able to outline the benefits versus the risks.
4. *How do you feel about whitening?*
Whitening can make your teeth more sensitive, so it may not be an option for you depending on the health of your teeth. Your Asheville dentist can give you alternatives, such as at-home whitening kits which maybe better for your teeth.
5. *How often should I come back to have my teeth professionally cleaned?*
If you have anxieties related to going to see your Asheville dentist, the answer may not be what you want to hear. However, knowing when you have to return can ease a lot of your anxiety.
6. *I had a bad experience as a child, would you tell me how things have changed?*
If you have not been to the dentist in a long time because you were afraid, discussing specific concerns with your Asheville dentist means they can answer your questions and reassure you.
7. *Would you recommend a water pik?*
Water piks are great for patients with braces, but it may not be necessary if you are able to floss. If you are considering a water pik, talking to your Asheville dentist is the best way to decide on whether or not you need to use one.
8. *If I have sensitive teeth, can I decrease their sensitivity or protect them better?*
Sensitive teeth can cause a lot of discomfort. Decreasing sensitivity could mean expanding what you are able to eat, decreased sensitivity to cold air and an ability to floss regularly.
9. *My gums are swollen, does that mean there is something wrong?*
Do not delay when it comes to your swollen gums, especially if you are in pain. Ask your Asheville dentist what can be done to heal your gums and stop your pain.
10. *Are any of the medications I may be on affecting my teeth in any way?*
Some medications can impact your gums and teeth. If you are experiencing pain in your mouth, the solution may be as simple as changing your medications to another brand or type. Ask your Asheville dentist if this is the case and feel better today.